OHSU-FS-1518

Resources for Fish to Fork: Cooking Great Lakes Fish

Finding Local Fish

Local Grocery Store

Don't see local fish? Ask for it!

Local Fish Market or Fish Farm

Many commercial fisheries have a market and value-added products like smoked fish. Fish farms may also have a market or can harvest what you need.

Use a Maps app to search for fresh fish in your neighborhood

Great Lakes Aquaculture Collaborative

greatlakesseagrant.com/aquaculture

Great Lakes Fresh Fish Finder launching soon!

Eat Midwest Fish

eatmidwestfish.org

State-Based Programs

Eat Wisconsin Fish eatwisconsinfish.org

Michigan Sea Grant Freshwater Feasts michiganseagrant.org/newsroom/freshwater-feasts

Michigan's Taste the Local Difference localdifference.org

Great Lakes Fisheries Heritage Trail

greatlakesfisheriestrail.org

Food Safety: Handling and Storage

Eat Midwest Fish Advisory Page

<u>eatmidwestfish.org/nutrition-safety/advisories</u> (includes links to fish consumption in all North Central Regional Aquaculture Center states)

Oregon State University Seafood Safety

seafood.oregonstate.edu/sites/agscid7/files/snic/seafood-handling-and-storage-cornell.pdf







ohioseagrant.osu.edu/outreach/experts